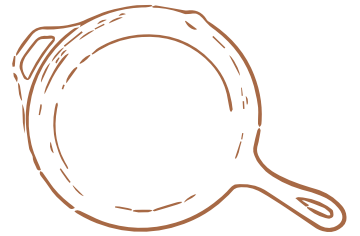


BREAKFAST



BREAKFAST IN THE HAND

All Breakfast Sandwiches Available for Dine-In

The English Muffin 6.5

SCRAMBLED EGG, SHAVED SAHLEN'S HAM, SWISS CHEESE
TOASTED ENGLISH MUFFIN

The Hard Roll 6.5

SCRAMBLED EGG, ROUTE AND ROOST PORK SAUSAGE PATTY
AMERICAN CHEESE, GRILLED DI PAOLO HARD ROLL

The Breakfast Bagel 6.5

SCRAMBLED EGG, DRY AGED & CHERRY WOOD SMOKED BACON
AMERICAN CHEESE, TOASTED BAGEL

Southern Chicken Biscuit 7.5

COUNTRY FRIED CHICKEN BREAST, HOUSE SMOKED CHEDDAR
TOASTED BISCUIT, HOT HONEY

The Southwestern Steak Wrap 8.5

SCRAMBLED EGG, SHAVED BEEF RIBEYE, ADOBO
GREEN PEPPERS, GRILLED ONIONS, ANCHO CHILI PASTE

SIDES

Fresh Berries 5

Corned Beef Hash Nuggets 5

Hash Brown Patty 2

Hand Cut Home Fries 3

Two Eggs - Fried, Sunny or Scrambled 3

Dry Aged & Cherry Smoked Bacon 6

Route and Roost Sausage Patty 5

Side of Toast 3

WHITE -OR- RYE

SERVED WITH DAVIS HONEY BUTTER AND HOMEMADE JAM

Toasted Bagel 3

SERVED WITH CHOICE OF:

- CREAM CHEESE

- MAPLE WALNUT CREAM CHEESE

- DAVIS HONEY BUTTER

KIDS

10 YEARS OLD AND YOUNGER, PLEASE.

French Toast 4

Eggs & Bacon 5

ALL KIDS BREAKFAST SERVED WITH FRESH FRUIT

BREAKFAST AT THE TABLE

All Breakfast Entrees Available for Take-Out

Fresh Fruit Parfait 6

FRESH BERRIES, GREEK YOGURT, EZEKIEL SPROUTED GRAIN GRANOLA

Sprouted Grain Cereal 5

EZEKIEL SPROUTED GRAIN CEREAL, DAVIS HONEY, CINNAMON
SERVED WITH A SIDE OF MILK

ADD ALMOND BUTTER +2

ADD FRESH BERRIES +2

ADD LOCAL BEE POLLEN +1

Biscuits and Gravy 9

ROUTE AND ROOST BREAKFAST SAUSAGE, COUNTRY GRAVY
GRIDDLED BISCUIT, FRESH SCALLION

ADD FRIED EGGS +3

Irish Skillet 10

GENNY CREAM ALE BRAISED CORNED BEEF, FRIED EGG
POTATOES, GRILLED ONIONS, CARAWAY, FRESH SCALLION

French Toast 9

BRIOCHE, KENTUCKY BOURBON VANILLA BATTER

TROUT BROOK SUGARHOUSE MAPLE SYRUP

Crepes 9

HOME MADE CREPES, MIXED BERRY CREAM CHEESE

CANDIED CITRUS GLAZE

Breakfast Plate 10

SCRAMBLED EGGS, HOME FRIES, SAUSAGE PATTY

GRANDMA HOWE'S PLATE SAUCE

Eggs 'N Greens 10

SAUTEED SPINACH AND ARTICHOKE, FRIED EGGS,

DRY AGED AND CHERRYWOOD SMOKED BACON

SHAVED ITALIAN CHEESE

WELCOME TO OUR ROOST



WELCOME TO OUR ROOST

DRINKS

Evening Star Coffee

2.5

Hot Tea

2.5

Juice

2.5

ORANGE, APPLE, CRANBERRY, TOMATO

Virgin Mary

4

Milk

3

Mimosa

6

Bloody Mary

7

FOR THE HEALTH MINDED

Kom Life Kombucha

5

FERMENTED BLACK AND GREEN TEAS. SLIGHTLY EFFERVESCENT, FRUITY AND SWEET. SUPPORTS DIGESTIVE HEALTH*

Shilajit Tea

6

TRADITIONALLY CONSUMED IN THE CULTURES OF NEPAL AND NORTHERN INDIA. SHILAJIT HAS A MILD EARTHY AND SMOKY FLAVOR. IT IS KNOWN TO IMPROVE COGNITIVE FUNCTION AND PROMOTE LONGEVITY.*

Bee Pollen Tea

6

SLIGHTLY SWEET WITH A CHALKY MOUTHFEEL. FILLED WITH VITAMINS, MINERALS AND ANTIOXIDANTS. BEE POLLEN IS AN AMAZING NUTRITIONAL SUPPLEMENT THAT SUPPORTS OVERALL HEALTH.*

* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FDA. THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

**THANK YOU FOR SUPPORTING
YOUR LOCAL LIV. CO.
RESTAURANTS**

The Sturnick & Cobb Families

WELCOME TO OUR ROOST

LUNCH

The Lawn Chair 9
ROUTE AND ROOST ITALIAN SAUSAGE PATTY
PEPPERS AND ONIONS, SHAVED ASIAGO, PARMIGIANA AND ROMANO
GRIDDLED *DIPAOLO* HARD ROLL

Grilled Chicken Sandwich 11
GRILLED MARINATED CHICKEN, SAUTEED SPINACH AND ARTICHOKES
IMPORTED SWISS, GRIDDLED *DIPAOLO* HARD ROLL

Carrot Hot Dog 6
SLOW POACHED CARROT, CORIANDER, MACE, HICKORY SMOKED OIL
NEW ENGLAND STYLE HOT DOG ROLL

‘LOOKS LIKE A CARROT. TASTES LIKE A HOT DOG!’

Steak Sandwich 13
THINLY SLICED GRILLED BEEF RIBEYE, ARUGULA, PICKLED SHALLOTS
REMOULADE, TOASTED BATARD

The Ham & Cheese 8
GRIDDLED SOURDOUGH, *SAHLEN'S* HAM
HOUSE SMOKED CHEDDAR, TOMATO

New England Shrimp Roll 12
DICED POACHED SHRIMP, CELERY, CREOLE INFUSED MAYONNAISE,
TARRAGON, NEW ENGLAND ROLL

Nashville Hot Chicken Sandwich 9
COUNTRY FRIED CHICKEN BREAST, HOUSE BLENDED CHILI PEPPER PASTE
DILL PICKLES, GRILLED *DIPAOLO* HARD ROLL

Route & Roost Reuben 13
GENNY CREAM ALE BRAISED CORNED BEEF, SWISS CHEESE,
SAUERKRAUT, REMOULADE, *DIPAOLO* MARBLE RYE

The BLT 8
TOASTED SOURDOUGH, DRY AGED & CHERRY WOOD SMOKED BACON,
LETTUCE, TOMATO, ROASTED GARLIC AIOLI

The Burger 12
6 OZ *CERTIFIED ANGUS BEEF PATTY*, HOUSE SMOKED CHEDDAR
LETTUCE, TOMATO, R&R SECRET SAUCE
ADD BACON +3
ADD FRIED EGG +2

SALADS

PETIT / FULL

Arugula Salad 5 / 8
ARUGULA, CHERRY TOMATO, PICKLED SHALLOT, SHAVED ASIAGO,
PARMIGIANA AND ROMANO CHEESE, WALNUTS, CANDIED CITRUS
VINAIGRETTE

Caesar Salad 5 / 7
CHOPPED ROMAINE, HOME MADE CROUTONS
SHAVED ITALIAN CHEESES, CAESAR DRESSING

Garden Salad 5 / 7
GREENS, CHERRY TOMATO, CUCUMBER, SHREDDED CARROT
HOME MADE CROUTONS, SHALLOT VINAIGRETTE

Spinach Salad 5 / 8
SPINACH, FRESH BERRIES, LIVELY RUN CHEVRE, FRESH SCALLION,
HOUSE RASPBERRY VINAIGRETTE

ADD GRILLED CHICKEN +5

ADD CHILLED SHRIMP +7

SIDES

Soup & Bread 6
CHANGES DAILY, MADE FROM SCRATCH WITH HOMEMADE STOCK
‘JUST LIKE MOM USED TO MAKE!’

Ambrosia Salad 5
MANDARIN ORANGES, GINGERED FRESH PINEAPPLE
TOASTED COCONUT, VANILLA YOGURT, DAVIS HONEY
AMARENA CHERRY, FRESH GRATED NUTMEG

Fresh Grape Salad 4
VANILLA CREAM CHEESE, FRESH GRAPES, WALNUTS
GRAHAM CRACKER CRUMBLE

Potluck Bean Salad 3.5
GREEN BEANS, KIDNEY BEANS, GARBANZO BEANS
BLACK BEANS, CELERY, SWEET SHALLOT VINAIGRETTE

Mac & Cheese 6
HOUSE ‘CHEESE SAUCE’, SMOKED CHEDDAR, ORICHETTE

Corned Beef Hash Nuggets 5
GENNY CREAM ALE BRAISED CORNED BEEF, MASHED POTATO
LIGHTLY FRIED, SERVED WITH REMOULADE

French Fries 3
ROUTE & ROOST SPECIAL SEASONING, SECRET SAUCE

SHAREABLES

Smoked Deviled Eggs 5

CHERRY WOOD SMOKED YOLK FILLING, *STUART'S SPICES* ALE MUSTARD, FRESH DILL

Bavarian Pretzel 9

STUART'S SPICES ALE MUSTARD
GARLIC BEER CHEESE

Hummus 8

HOUSE MADE HUMMUS, ZA'ATAR SPICED TORTILLA CRISPS
FRESH VEGETABLES

Local Cheese 14

NEW YORK ARTISAN CHEESES, HOUSE FRUIT PRESERVE, CANDIED WALNUTS, FRESH GREENS, *DAVIS HONEY*, CROSTINI

Local Charcuterie 14

SWAN'S DRY CURED SAUSAGES, HOUSE PICKLES, OLIVES
STUART'S SPICES ALE MUSTARD, CROSTINI

DESSERT

Crème Brulee 7

HOUSE MADE VANILLA CUSTARD, FRESH BERRIES

Strawberry Shortcake 6

WARM BISCUIT, FRESH STRAWBERRIES
STRAWBERRY GLAZE, WHIPPED CREAM

KIDS

Home Made Chicken Nuggets 6

HOUSE GROUND ALL WHITE MEAT CHICKEN

Mac & Cheese 4

HOMEMADE "CHEESE SAUCE",
SMOKED CHEDDAR, ORECCHIETTE

Make Your Own Pizza 6

ALL THE INGREDIENTS TO MAKE YOUR OWN ENGLISH MUFFIN PIZZA! BRING IT UP TO THE COUNTER WHEN YOU'RE READY TO HAVE US BAKE IT FOR YOU!

BEVERAGES

Beer

GENNY LIGHT, LAGER, 4.0% ABV, 16oz	3
GENESEE, RUBY RED, KÖLSCH 4.5% ABV, 12oz	3
YOUNG LION, PILSNER, CZECH PILSNER, 5.2% ABV, 16oz	5
ROC CITY, LAGERITHM, VIENNA LAGER, 5.9% ABV, 16oz	6
THREE HEADS, THE KIND, INDIA PALE ALE, 6.8% ABV, 12oz	5
ROHRBACH, SCOTCH ALE, 6.9% ABV, 16oz	6

Mimosa 6

Bloody Mary 7

Non-Alcoholic

Soda 3

PEPSI, DIET PEPSI, SIERRA MIST, MOUNTAIN DEW
MUG ROOT BEER, RASPBERRY ICED TEA, UNSWEETENED ICED TEA

Juice 2.5

ORANGE, APPLE, CRANBERRY, TOMATO

Virgin Mary 4

BLENDED IN HOUSE FROM SCRATCH, TOMATO JUICE, FRESH LEMON JUICE, WORCHESTERSHIRE SAUCE, FRESHLY GROUND SPICES, SAVORY AND SPICY.

Milk 3

For the Heath Minded

Kom Life Kombucha 5

FERMENTED BLACK AND GREEN TEAS, SLIGHTLY EFFERVESCENT, FRUITY AND SWEET, SUPPORTS DIGESTIVE HEALTH*

Maple Chaga Soda 6

LIFE ITSELF CHAGA TEA AND *TROUT BROOK SUGARHOUSE* MAPLE SYRUP, SODA WATER

Life Itself Chaga Birch Soda 7

CHAGA TEA INFUSED WITH SARSAPARILLA, LICORICE, DANDELION ROOT, GINGER, BIRCH BARK, JUNIPER, CINNAMON, SWEETENED WITH COCONUT SUGAR, TOPPED WITH SODA WATER AND A LEMON TWIST

CHAGA IS USED IN SIBERIAN AND NATIVE NORTH AMERICAN CULTURES FOR ITS OVERALL HEALTH BENEFITS. IT IS BELIEVED TO POSSESS ANTI-INFLAMMATORY AND ANTI-VIRAL PROPERTIES. IT CONTAINS POWERFUL ANTIOXIDANTS AND STUDIES HAVE INDICATED IT MAY BE HELPFUL IN FIGHTING CANCER.* WE USE *LIFE ITSELF* CHAGA TEA, WILD HARVESTED BY HAND FROM THE MOUNTAINS OF VERMONT. *LIFE ITSELF* IS A LOCALLY OWNED BUSINESS, FIND THEM AT ROCHESTER PUBLIC MARKET EVERY SATURDAY.

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